

Please refer to front page for ordering information. Children sometimes forget to put their lunch orders in at the start of the day. Late orders will be filled as soon as time permits. At times some food choices may not be available and an alternative item(s) will be supplied after consulting the child(ren).

SANDWICHES - white or wholemeal bread

	SCC*	PRICE
ROLLS 60c extra / WRAPS 70c extra TOASTED 20c extra		
Salad only (standard - lettuce,tomato,cucumber,carrot,beetroot,cheese)	green	\$2.10
Chicken (diced roasted breast meat)	green	\$2.10
Chicken & salad	green	\$3.10
Chicken & cheese / Chicken & tomato	green	\$2.30
Chicken,tomato & cheese / chicken, pineapple & cheese	green	\$2.50
Ham (97% fat free leg ham)	green	\$2.10
Ham & salad	green	\$3.10
Ham & cheese / ham & tomato	green	\$2.30
Ham, tomato & cheese / ham, pineapple & cheese	green	\$2.50
Cheese	green	\$1.50
Cheese & tomato	green	\$1.50
Cheese & vegemite	green	\$1.50
Egg	green	\$1.60
Egg & lettuce (with or without mayo)	green	\$1.80
Vegemite / Jam	green	\$1.50
Baked Beans / Spaghetti - Toasted only	green	\$1.60

Tomato / bbq sauce or mayo added to any sandwiches / rolls / wraps at no charge if requested

SALAD PLATES - small / large

Salad (standard plus boiled egg, cheese, pineapple, 1 slice bread)	green	\$3.00/\$3.50
Ham and salad " " " "	green	\$4.00/\$4.50
Chicken and salad " " " "	green	\$4.00/\$4.50

HOT FOOD

Macaroni Cheese	green	\$3.00
Lasagne (lean meat / light cheese)	amber	\$3.00
Spaghetti Bolognese (lean meat / light cheese)	amber	\$3.00
Chicken Burger with lettuce & mayo / with salad	amber	\$3.00/\$3.80
Hamburger with salad	amber	\$3.80
Cheese Burger	amber	\$3.00
Pizza Singles - ham / pineapple or cheese / bacon	amber	\$2.00
4 Chicken Nuggets (breast meat pieces) - tomato sauce sachets 10c extra	amber	\$2.00
Party Pie " "	amber	\$1.00

* SCC = smart choices category: green, amber or red. Refer to back page

Specials and Theme days will be advertised in the newsletter

MONDAY ONLY

	SCC*	PRICE
Chicken and gravy roll (diced breast meat / low salt light gravy)	green	\$3.00
Hot Dog (incl sauce if requested - no extra cost)	amber	\$2.00
Hot dog and cheese " "	amber	\$2.20

WEDNESDAY & FRIDAY ONLY

Sausage Rolls - lean meat / light pastry	amber	\$1.90
Cruizer Meat Pies - lean meat / light pastry	amber	\$2.20
Tomato sauce sachets	amber	10c

SNACKS

Corn Cob (with butter- amber - 10c extra)	green	60c
Boiled egg	green	50c
Apple Slinky (Slinky child's own apple 10c)	green	80c
Small Garlic Bread	amber	60c
Party Pie	amber	\$1.00
Yummie Drummie	amber	\$1.00
Jelly Cup	amber	70c
Jelly & Light Custard / Light Icecream	amber	\$1.20
Chocolate Mousse Cup (low fat / low GI)	amber	\$1.00
variety of snacks such as fresh fruit, yogurt chews, fruit & cereal bars nutella dippers, ovalteenies - purchase at counter from 11:15 am	green & amber	10c-\$1

DRINKS

Bottled water - 600ml	green	\$1.50
Low-fat flavoured milk-chocolate / strawberry / iced coffee - 250ml/300ml	green	\$1.50
Quench 350ml - apple rasp / blue heaven / cola	amber	\$1.50
Thorpedo -fruit juice based - lemonade / berry / tropical - 350ml	amber	\$1.50
So Juicy - 35% juice - orange/apple, orange/mango	amber	\$1.50

CHIPS

Popcorn	green	60c
JJ's Snacks - Pizza, Burger, S&V, Chicken	amber	\$1.00
Vege Chips - bbq	amber	\$1.00
Red Rock - honey soy, Smiths - sour cream & onion	amber	\$1.00

ICE BLOCKS

Humphrey Fruit Yoghurt Ices - various natural fruit juice flavours	amber	60c
Frozen 100% Juice Cups - apple / orange	amber	50c
Icy Pole - lemonade / raspberry	amber	\$1.00
Billabong - chocolate	amber	\$1.30
Milo Cups	amber	\$1.70
Milo Sticks	amber	\$1.20